# **Maggie Forgeron**

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#### Mission

Good teaching cannot be reduced to technique but comes from the identity and integrity of the teacher.

# **Teaching Qualifications**

European Graduate School M.A. in Expressive Arts Therapy	June 2024
Dr. Gabor Maté's "Compassionate Inquiry" Training for Professionals	Sept. 2022
Canada's National Ballet School Teaching Certificate	June 2019
The Tamalpa Institute Expressive Arts Practitioner Certificate	June 2017
Kripalu Centre for Yoga Teaching Certificate	July 2013
Margie Gillis Legacy Project	July 2013

# **Teaching Employment History**

Foundations Dance Company, Niagara Falls ON	2021-2023
Broadway Lights, St. Catharines ON	2021
Niggara Rallet St Cathorines ON	2017-2020

#### Ballet & Contemporary Teacher/Pointe/Conditioning/Anatomy & Injury Prevention

Responsible for: teaching recreational students ages 7-16

<u>Skills</u>: adapting lessons to suit varying levels of ability, blending classical technique and contemporary choreography, educating dancers about anatomy, injury prevention and efficient movement function, communicating effectively with parents

## Ballet British Columbia, Vancouver BC 2021

#### **Ballet Teacher**

Responsible for: leading company class

<u>Skills</u>: teaching thoughtful, progressive and engaging "pre-season" and "mid-season" classes, communicating effectively with elite level dancers and live musical accompaniment

#### Canada's National Ballet School, Toronto ON

2018-2019

#### **Ballet Teacher/Assistant**

<u>Responsible for</u>: teaching Associate Program students ages 14-16, assisting teachers in the Professional Ballet Program, chaperoning students backstage at National Ballet of Canada rehearsals, acting as a demonstrator during auditions, attending training programs, acting as a positive ambassador for the organization

<u>Skills</u>: designing safe and engaging lessons based on the NBS curriculum, cooperating with artistic staff, communicating effectively with students and live musical accompaniment

#### Tamalpa Experience Workshop, Toronto ON

2017-2018

## Project Manager/Co Facilitator

<u>Responsible for</u>: conceptualizing and producing the event, hiring a keynote speaker, booking travel and accommodation for special guest, registration, booking/cleaning/setting up the venue, managing payroll, print and digital marketing, face to face promotion

<u>Skills</u>: effective event management, taking care of the needs of participants and special guest, making a budget and managing money, speaking in public, designing posters and social media sites, community building, following through from conception to realization

## Harbour Dance, Vancouver BC

2014-2015

## **Ballet Teacher**

Responsible for: teaching open classes to advanced level freelance artists and beginner adults

<u>Skills</u>: teaching peer group and giving clear instructions, presenting foundational training tools for beginner adults, communicating with live musicians, motivating people to explore the art-form

RNB, Vancouver BC 2014

#### **Ballet Teacher/Conditioning**

Responsible for: teaching young recreational students at a 2-week summer dance intensive

<u>Skills</u>: presenting artistic ideas to a new group of students in a short time, scaffolding approach to class design, showing patience and building discipline when necessary

#### York School of Dance, Toronto ON

2005-2006

## Ballet/Jazz/Hip Hop Assistant

<u>Responsible for</u>: assisting the Director with recreational students ages 3-11, subbing when needed, supervising toddlers to teenagers, acting as a demonstrator for the head teacher

<u>Skills</u>: clearly presenting exercises designed by others, counseling and redirecting challenging students in the group, bringing exuberance and energy to a population of young people, being a supportive sounding board to the Director

# Professional Experience & Selected Performance History

Nationaltheater Mannheim, Mannheim DE	2015-2016
Soloist performer in works by Kevin O'Day and Dominique Dumais	
Casa Om Presents: The Dance Deck, Vancouver BC	2015-2016
Choreographer and soloist performer in original works	
Dances for a Small Stage, Vancouver BC	2014
Choreographer of original work	
Margie Gillis Legacy Project, Montreal QC	2013

Transmitting Margie's concepts of creation, teaching and humanitarian vision

#### Ballet British Columbia, Vancouver BC

2006-2013

Soloist performer in works by: Jorma Elo, William Forsythe, Medhi Walerski, Jacopo Godani, Emily Molnar, Margie Gillis, Jose Navas, Johan Inger, Aszure Barton, Robert Glumbek, Kevin O'Day, Donald Sales, Serge Bennathan, Twyla Tharp, George Balanchine, Martha Graham, John Alleyne

### The Governor General's Gala, Ottawa ON

2011

Solo performance in honour of Margie Gillis, Governor General Award recipient

The Banff Centre, Calgary AB

2010/2003/2002

Professional Dance Program

**Freelance Projects** 

Anna Pavlova Dance Project, Toronto ON

2004

DNA Theatre, Toronto ON

2004

Veronica Tennant Dance Project, Thunder Bay ON 2003/2001

The National Ballet of Canada, Toronto ON

2001-2003

Performer in works including: LA BAYADERE, SWAN LAKE, THE NUTCRACKER

#### Canada's National Ballet School, Toronto ON

1998-2001

Performer in works by: James Kudelka (Marie, lead child role in THE NUTCRACKER), Michel Fokine, Rudi Van Dantzig, Juri Kylian, Rudolf Nureyev, Peggy Baker

# **Professional Development & Workshops**

## Axis Syllabus, Toronto ON

2015-Present

Membership-based international movement research community that is a peer exchange platform, consisting of certified teachers and teacher candidates

#### Canada's National Ballet School, Toronto ON

2016-2019

Workshop series: Dance for the Young Child, Dance for Parkinson's Disease, Canadian Red Cross Certification, Internet Safety, Child Protection Seminar, Health and Safety, BE CALM Protocols, NBS Harassment Policy Seminar, Ballet Class Assisting Skills, Pointe Shoe Fitting, Correct Pointing Strategies, Resume Writing

### **ODC Dance Commons, San Francisco CA**

2015

Teaching mentorship alongside Augusta Moore, Ballet Director at the ODC Dance Commons. Focus on self-evolving material and body-centered technique, in a combined Feldenkrais ballet class.

### Embodied Presentation Skills, Marin County CA/ Toronto ON

2015 and 2017

Working with movement for effective communication with Alice Rutkowski. Alice appeared at the Philadelphia Conference for Women- the same conference where Michelle Obama was the keynote speaker.

#### **Professional Development**

2013-2015

Choreographic mentorship process alongside dance pioneers Margie Gillis (Montreal QC), Anna Halprin (Marin County CA), Medhi Walerski (The Hague NL), Lesley Telford (Vancouver BC) and Kevin O'Day and Dominique Dumais (Mannheim DE). Grant proposal awarded.

# **Professional Training**

European Graduate School M.A. in Expressive Arts Therapy, Switzerland

2020-2024

MA Expressive Arts Therapy, Minor Psychology

Canada's National Ballet School, Toronto ON

2016-2019

Teacher training for professional dancers' program

## The Tamalpa Institute, Marin County CA

2013-2017

Certificate of completion from training program comprised of 600 classroom contact hours and 1,117 advanced study hours

#### Ballet British Columbia, Vancouver BC

2006-2013

Educators: Alexandra Wells, Summer Lee Rhatigan, Margie Gillis, Emily Molnar, John Alleyne, Julia Sasso, Cathy Taylor, Risa Steinberg, Dianne Miller, John Ottman, Serge Bennathan, Michael Fago, Artemis Gordon

#### The National Ballet of Canada, Toronto ON

2001-2003

Educators: James Kudelka, Lindsay Fischer, Mandy Richardson, Magdalena Popa, Peter Ottman

## Canada's National Ballet School, Toronto ON

1993-2001

Training methods: classical ballet, modern, contemporary, creative movement, character/historical dance, Chinese folklore, pas de deux, Spanish, contact improvisation, anatomy

# References (Upon Request)

Anuschka Roes (xxx)xxx.xxxx

Margie Gillis (xxx)xxx.xxxx

Dominique Dumais +xx xxxxxxxxx

## **Reviews**

See me perform <a href="http://vimeo.com/61470935">http://vimeo.com/61470935</a>

<sup>&</sup>quot;Maggie dances with dream like logic..." The Georgia Straight

**<sup>&</sup>quot;At one supremely beautiful moment, Maggie sits on her knees and uses sign language to convey silent words…"** The Globe and Mail

<sup>&</sup>quot;Maggie swirls in a white gown like she's silk caught in the wind..." The Georgia Straight